

District Social Emotional Learning (SEL) Programs

There are 4 SEL programs in the Abbotsford district: 2 elementary school, 2 middle school.

The SEL programs aim to help students reach their full potential despite challenges with mental health and behaviour. The programs are designed to enroll up to 12 students and provide a therapeutic approach to integrated learning. Students will learn self-regulation skills that will help them navigate life using strategies specific to their needs. The program is based on current research and best practice around attachment, trauma, anxiety and other related topics. Students will have access to direct teaching in order to increase academic skills that may have become less of a priority, or suffered due to attendance and non-engagement. Students will have opportunities to be leaders in their school, participate in outdoor recreation, and take part in experiential learning in the building and the community.

The SEL program are located at:

Godson Elementary- SAIL Grades 1-5: SAIL (Self Regulation, Attachment, Inclusion, Learning)
Blue Jay Elementary Grades 1-5:

Colleen and Gordie Howe Middle- The Den Grades 6-8:
WA Fraser Middle- The Roost Grades 6-8:

Access to programs: Students can be referred by their school counsellor after school-based resources have been exhausted, and the referral has been approved by the School-Based Team. The referred student is reviewed by a screening committee. Students must already be designated as Category H- Intensive Behaviour/Serious Mental Illness. Students are placed in the program if the benefits of attending an SEL program must outweigh the risks of a school transition.

SEL Screening Committee

The SEL Screening committee provides services to schools and students in need of social/emotional/behavioural support by ensuring appropriate placements into existing Social Emotional Learning programs or by providing recommendations in developing appropriate behaviour supports for students.

SEL Screening Committee:

Chair- VP of LSS

Helping Teacher Representative

CYMH Representative

Elementary Itinerant Counsellor Representative

School Psychologist Representative

Meetings

The SEL Screening Committee meets monthly.

Students are not screened into SEL Programs in December or June.

Referrals for screening

1. Referrals to the screening committee must:

- Be recommended by the School Based Team
- Show that all school and district resources have been exhausted
- Meet criteria for Category H Intensive Behaviour/Serious Mental Illness
- Indicate that consultation has occurred with the Elementary Social Development Teams or with the District Learning Support Services Helping Teacher.

2. Presenting

- Two people *who know the student best* will be have 30 minutes to share the student's strengths, areas of need, and behavioural concerns. The presenting team will also be asked to explain the benefits of transition.

3. Transition

If a transition has been approved, the following will take place:

- The referring counsellor/case manager will notify parents and necessary school staff. The parent permission form called **Acceptance of District Program Placement** is signed at this point, **NOT prior**.
- Plans will be made when possible for a staff member from the program to meet and observe the student in their sending school.
- Plans will be made for the student to visit the program and start on a gradual schedule.

4. Students exiting the program

- The SEL Teacher presents the student who is returning to regular programming to the SEL screening committee.

- The student’s progress will be outlined – changes in behaviour, home structure etc.
- A written transition plan for the student which outlines supports needed – gradual entry, learning needs, etc. – will be developed by the care team for the student.
- The student will meet staff, visit school/classroom, and start on a predetermined schedule.
- The student will continue receiving support appropriate for his/her designation.

**Social Emotional Learning Program
Screening Checklist**

Student Name _____	Grade _____
Referring School _____	DOB _____
Case Manager _____	Date _____
Outside Agency _____	

Student Strengths:
Behaviours of Concern:

Please submit the following via email:

- Copy of signed ministry checklist for Category H designation
- File Review including current school year and recent interventions
- Functional Behavioural Assessment and Behaviour Intervention Plan (current school year)
- Recent IEP

- Copy of student's schedule
- Recent inter-ministerial careteam meeting minutes
- Any psychological or medical assessments
- Any school based assessments
- Recent report cards and progress reports